# NUMERICAL RADIUS INEQUALITIES FOR SEVERAL OPERATORS 

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#### Abstract

Let $A, B, X$, and $A_{1}, \ldots, A_{2 n}$ be bounded linear operators on a complex Hilbert space. It is shown that


$$
w\left(\sum_{k=1}^{2 n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{2 n}\right) \leq 2\left(\sum_{k=1}^{n}\left\|A_{2 k-1}\right\|^{2}\right)^{1 / 2}\left(\sum_{k=1}^{n}\left\|A_{2 k}\right\|^{2}\right)^{1 / 2} w(X)
$$

and

$$
w(A B \pm B A) \leq 2 \sqrt{2}\|B\| \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}},
$$

where $w(\cdot)$ and $\|\cdot\|$ are the numerical radius and the usual operator norm, respectively. These inequalities generalize and refine some earlier results of Fong and Holbrook. Some applications of our results are given.

## 1. Introduction

Let $\mathscr{H}$ be a complex Hilbert space with inner product $\langle\cdot, \cdot\rangle$, and let $\mathfrak{B}(\mathscr{H})$ be the space of all bounded linear operators on $\mathscr{H}$. The numerical radius of an operator $X \in \mathfrak{B}(\mathscr{H})$, denoted by $w(X)$, is defined by

$$
w(X)=\sup _{\|x\|=1}|\langle X x, x\rangle| .
$$

It is well-known that $w(\cdot)$ defines a norm on $\mathfrak{B}(\mathscr{H})$, which is equivalent to the usual operator norm $\|\cdot\|$. Namely, for $X \in \mathfrak{B}(\mathscr{H})$, we have

$$
\frac{1}{2}\|X\| \leq w(X) \leq\|X\|
$$

There are some important properties of the numerical radius (see, e.g., [3]) such as its weak unitary invariance

$$
w\left(U^{*} X U\right)=w(X)
$$

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for every unitary $U \in \mathfrak{B}(\mathscr{H})$, and the fact that it satisfies the power inequality

$$
w\left(X^{n}\right) \leq(w(X))^{n}
$$

for $n=1,2, \ldots$.
In [6] Fong and Holbrook have established two remarkable numerical radius inequalities for operators. These inequalities say that if $A, B, X \in \mathfrak{B}(\mathscr{H})$, then

$$
\begin{equation*}
w\left(A^{*} X+X A\right) \leq 2\|A\| w(X) \tag{1.1}
\end{equation*}
$$

and

$$
\begin{equation*}
w(A B+B A) \leq 2 \sqrt{2}\|B\| w(A) \tag{1.2}
\end{equation*}
$$

Recent generalizations of the inequality (1.1) have been given in [4] and [5].
In this paper, we are interested in further analysis of these numerical radius inequalities. In Section 2, we establish a generalization of the inequality (1.1) to several operators. In Section 3, we present a general numerical radius inequality form which a refinement of the inequality (1.2) follows as a special case.

## 2. A generalization of the inequality (1.1) to several operators

In this section, we present a generalization of the Fong-Holbrook inequality (1.1) to several operators. In order to achieve our goal, we need the following lemma [6].

Lemma 2.1. Let $X \in \mathfrak{B}(\mathscr{H})$, and let $x_{1}, \ldots, x_{n} \in \mathscr{H}$. Then

$$
\begin{equation*}
\left|\sum_{k=1}^{n-1}\left\langle X x_{k}, x_{k+1}\right\rangle\right| \leq\left(\sum_{k=1}^{n}\left\|x_{k}\right\|^{2}\right) w(X) \tag{2.1}
\end{equation*}
$$

Based on Lemma 2.1, we have the following result. This result will play a central role in our generalization of the inequality (1.1).

Lemma 2.2. Let $X \in \mathfrak{B}(\mathscr{H})$, and let $x_{1}, \ldots, x_{n} \in \mathscr{H}$. Then

$$
\begin{equation*}
\left|\sum_{k=1}^{n-1}\left\langle X x_{k}, x_{k+1}\right\rangle+\left\langle X x_{n}, x_{1}\right\rangle\right| \leq\left(\sum_{k=1}^{n}\left\|x_{k}\right\|^{2}\right) w(X) . \tag{2.2}
\end{equation*}
$$

Proof. Let $m$ be a natural number, and define a sequence of vectors $\left(y_{k}\right)_{k=1}^{m n+1}$ in $\mathscr{H}$ by

$$
y_{i n+j}= \begin{cases}x_{j}, & i=0, \ldots, m-1, j=1, \ldots, n \\ x_{1}, & i=m, j=1\end{cases}
$$

Then

$$
\begin{equation*}
\sum_{k=1}^{m n+1}\left\|y_{k}\right\|^{2}=m \sum_{k=1}^{n}\left\|x_{k}\right\|^{2}+\left\|x_{1}\right\|^{2} \tag{2.3}
\end{equation*}
$$

and

$$
\begin{equation*}
\sum_{k=1}^{m n}\left\langle X y_{k}, y_{k+1}\right\rangle=m\left(\sum_{k=1}^{n-1}\left\langle X x_{k}, x_{k+1}\right\rangle+\left\langle X x_{n}, x_{1}\right\rangle\right) \tag{2.4}
\end{equation*}
$$

Applying the inequality (2.1) to the sequence $\left(y_{k}\right)_{k=1}^{m n+1}$, we have

$$
\begin{equation*}
\left|\sum_{k=1}^{m n}\left\langle X y_{k}, y_{k+1}\right\rangle\right| \leq\left(\sum_{k=1}^{m n+1}\left\|y_{k}\right\|^{2}\right) w(X) \tag{2.5}
\end{equation*}
$$

It follows from the identities (2.3), (2.4) and the inequality (2.5) that

$$
\begin{equation*}
\left|\sum_{k=1}^{n-1}\left\langle X x_{k}, x_{k+1}\right\rangle+\left\langle X x_{n}, x_{1}\right\rangle\right| \leq \frac{m \sum_{k=1}^{n}\left\|x_{k}\right\|^{2}+\left\|x_{1}\right\|^{2}}{m} w(X) \tag{2.6}
\end{equation*}
$$

Now, the desired inequality follows from the inequality (2.6) by letting $m \rightarrow$ $\infty$.

An application of Lemma 2.2 can be seen in the following result.
Proposition 2.3. Let $X \in \mathfrak{B}(\mathscr{H})$, and let $\tilde{X}$ be the $n \times n$ operator matrix in $\mathfrak{B}\left(\oplus_{k=1}^{n} \mathscr{H}\right)$ that has the operator $X$ in the subdiagonal and in the top righthand corner in the position $(1, n)$. Then

$$
w(\tilde{X})=w(X)
$$

In particular, for $n=2,3$, and 4 , we have
$w\left(\left[\begin{array}{cc}0 & X \\ X & 0\end{array}\right]\right)=w\left(\left[\begin{array}{ccc}0 & 0 & X \\ X & 0 & 0 \\ 0 & X & 0\end{array}\right]\right)=w\left(\left[\begin{array}{cccc}0 & 0 & 0 & X \\ X & 0 & 0 & 0 \\ 0 & X & 0 & 0 \\ 0 & 0 & X & 0\end{array}\right]\right)=w(X)$.

Proof. Let $y=\left[y_{1}, \ldots, y_{n}\right]^{T}$ be a unit vector in $\oplus_{k=1}^{n} \mathscr{H}$. Then

$$
|\langle\tilde{X} y, y\rangle|=\left|\sum_{k=1}^{n-1}\left\langle X y_{k}, y_{k+1}\right\rangle+\left\langle X y_{n}, y_{1}\right\rangle\right|
$$

$$
\begin{align*}
& \leq\left(\sum_{k=1}^{n}\left\|y_{k}\right\|^{2}\right) w(X) \quad \text { (by Lemma 2.2) } \\
& =\|y\|^{2} w(X) \\
& =w(X) \tag{2.7}
\end{align*}
$$

It follows, by taking the supremum of the left-hand side of the inequality (2.7) over all unit vectors $y$ in $\oplus_{k=1}^{n} \mathscr{H}$, that

$$
\begin{equation*}
w(\tilde{X}) \leq w(X) \tag{2.8}
\end{equation*}
$$

On the other hand, let $x$ be a unit vector in $\mathscr{H}$, and let $y_{0}=\left[y_{1}, \ldots, y_{n}\right]^{T}$ with $y_{k}=\frac{x}{\sqrt{n}}, k=1, \ldots, n$. Then $y_{0}$ is a unit vector in $\oplus_{k=1}^{n} \mathscr{H}$, and so

$$
\begin{align*}
w(\tilde{X}) & \geq\left|\left\langle\tilde{X} y_{0}, y_{0}\right\rangle\right| \\
& =\left|\sum_{k=1}^{n-1}\left\langle X y_{k}, y_{k+1}\right\rangle+\left\langle X y_{n}, y_{1}\right\rangle\right| \\
& =\left|\frac{1}{n} \sum_{k=1}^{n-1}\langle X x, x\rangle+\frac{1}{n}\langle X x, x\rangle\right| \\
& =|\langle X x, x\rangle| . \tag{2.9}
\end{align*}
$$

It follows, by taking the supremum of the right-hand side of the inequality (2.9) over all unit vectors $x$ in $\mathscr{H}$, that

$$
\begin{equation*}
w(\tilde{X}) \geq w(X) \tag{2.10}
\end{equation*}
$$

Now, the result follows from the inequalities (2.8) and (2.10).
Based on Lemma 2.2, we have the following numerical radius inequalities for several operators.

Theorem 2.4. Let $A_{1}, \ldots, A_{n}, X \in \mathfrak{B}(\mathscr{H})$. Then

$$
w\left(\sum_{k=1}^{n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{n}\right) \leq\left(\sum_{k=1}^{n}\left\|A_{k}\right\|^{2}\right) w(X)
$$

In particular, if $A_{1}, \ldots, A_{n}$ are contractions, then

$$
w\left(\sum_{k=1}^{n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{n}\right) \leq n w(X)
$$

Proof. Let $x \in \mathscr{H}$ be a unit vector, and let $x_{k}=A_{k} x, k=1, \ldots, n$. Then

$$
\begin{align*}
& \left|\left\langle\left(\sum_{k=1}^{n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{n}\right) x, x\right\rangle\right| \\
& \quad=\left|\sum_{k=1}^{n-1}\left\langle X A_{k} x, A_{k+1} x\right\rangle+\left\langle X A_{n} x, A_{1} x\right\rangle\right| \\
& \quad=\left|\sum_{k=1}^{n-1}\left\langle X x_{k}, x_{k+1}\right\rangle+\left\langle X x_{n}, x_{1}\right\rangle\right| \\
& \quad \leq\left(\sum_{k=1}^{n}\left\|x_{k}\right\|^{2}\right) w(X) \quad \text { (by Lemma 2.2) } \\
& \quad=\left(\sum_{k=1}^{n}\left\|A_{k} x\right\|^{2}\right) w(X) \\
& \quad \leq\left(\sum_{k=1}^{n}\left\|A_{k}\right\|^{2}\right) w(X) \tag{2.11}
\end{align*}
$$

Now, the result follows by taking supremum of the left-hand side of the inequality (2.11) over all unit vectors $x$ in $\mathscr{H}$.

Remark 2.5. Another proof of Theorem 2.4 can be seen as follows. Let

$$
\tilde{A}=\left[\begin{array}{cccc}
A_{2} & 0 & \cdots & 0 \\
A_{3} & 0 & \cdots & 0 \\
\vdots & \vdots & & \vdots \\
A_{n} & 0 & \cdots & 0 \\
A_{1} & 0 & \cdots & 0
\end{array}\right]
$$

be $n \times n$ operator matrix in $\mathfrak{B}\left(\oplus_{k=1}^{n} \mathscr{H}\right)$, and let $\tilde{X}$ be as in Proposition 2.3. Then

$$
\begin{aligned}
w\left(\sum_{k=1}^{n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{n}\right) & =w\left(\tilde{A}^{*} \tilde{X} \tilde{A}\right) \\
& \leq\|\tilde{A}\|^{2} w(\tilde{X}) \\
& =\left(\sum_{k=1}^{n}\left\|A_{k}\right\|^{2}\right) w(X) \quad \text { (by Proposition 2.3). }
\end{aligned}
$$

In the following result, we present our generalization of the inequality (1.1) to several operators.

Theorem 2.6. Let $A_{1}, \ldots, A_{2 n}, X \in \mathfrak{B}(\mathscr{H})$. Then

$$
\begin{aligned}
& w\left(\sum_{k=1}^{2 n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{2 n}\right) \\
& \leq 2\left(\sum_{k=1}^{n}\left\|A_{2 k-1}\right\|^{2}\right)^{1 / 2}\left(\sum_{k=1}^{n}\left\|A_{2 k}\right\|^{2}\right)^{1 / 2} w(X)
\end{aligned}
$$

Proof. It follows from Theorem 2.4 that

$$
\begin{equation*}
w\left(\sum_{k=1}^{2 n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{2 n}\right) \leq\left(\sum_{k=1}^{2 n}\left\|A_{k}\right\|^{2}\right) w(X) \tag{2.12}
\end{equation*}
$$

In the inequality (2.12), replacing $A_{2 k-1}$ by $t A_{2 k-1}$ and $A_{2 k}$ by $\frac{1}{t} A_{2 k}, t>0$, $k=1, \ldots, n$, we have

$$
\begin{equation*}
w\left(\sum_{k=1}^{2 n-1} A_{k+1}^{*} X A_{k}+A_{1}^{*} X A_{2 n}\right) \leq \frac{t^{4} \alpha+\beta}{t^{2}} w(X) \tag{2.13}
\end{equation*}
$$

where $\alpha=\sum_{k=1}^{n}\left\|A_{k}\right\|^{2}$ and $\beta=\sum_{k=1}^{n}\left\|A_{2 k}\right\|^{2}$. Since $\inf _{t>0} \frac{t^{4} \alpha+\beta}{t^{2}}=2 \sqrt{\alpha \beta}$, then the result follows by taking infimum of the right hand side of the inequality (2.13) over all positive real numbers $t$.

A particular case of Theorem 2.6 can be presented as follows. This result shows that Theorem 2.6 is a generalization of the inequality (1.1) to several operators.

Corollary 2.7. Let $A, B, X \in \mathfrak{B}(\mathscr{H})$. Then

$$
w\left(A^{*} X B+B^{*} X A\right) \leq 2\|A\|\|B\| w(X)
$$

In particular, letting $B=I$, we have

$$
w\left(A^{*} X+X A\right) \leq 2\|A\| w(X)
$$

Proof. The result follows by applying Theorem 2.6 , for $n=1$, to the operators $A_{1}=A$ and $A_{2}=B$.

## 3. A refinement of the inequality (1.2)

The aim of this section is to give a refinement of the Fong-Holbrook inequality (1.2). In their proof of the inequality (1.2), Fong and Holbrook used a result of
M. J. Crabb (see, e.g., [1, Theorem 3] and [2, Theorem 3.7]). This result says that if $A \in \mathfrak{B}(\mathscr{H})$ such that $w(A) \leq 1$, then

$$
\begin{equation*}
\|A x\|^{2}+\left\|A^{*} x\right\|^{2} \leq 4 \tag{3.1}
\end{equation*}
$$

for all unit vectors $x \in \mathscr{H}$. In order to give a refinement of the inequality (1.2), we have to refine the inequality (3.1). To do this, we start with the following result.

Lemma 3.1. Let $A, B \in \mathfrak{B}(\mathscr{H})$. Then
(3.2) $\left\|A A^{*}+B B^{*}\right\|$

$$
\leq \max \left(\|A+B\|^{2},\|A-B\|^{2}\right)-\frac{\left|\|A+B\|^{2}-\|A-B\|^{2}\right|}{2} .
$$

In particular, letting $B=A^{*}$, we have
(3.3) $\left\|A A^{*}+A^{*} A\right\|$

$$
\leq 4 \max \left(\|\operatorname{Re} A\|^{2},\|\operatorname{Im} A\|^{2}\right)-2\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|
$$

Proof. We have

$$
\begin{aligned}
\max & \left(\|A+B\|^{2},\|A-B\|^{2}\right) \\
& =\max \left(\left\|A^{*}+B^{*}\right\|^{2},\left\|A^{*}-B^{*}\right\|^{2}\right) \\
& =\frac{\left\|A^{*}+B^{*}\right\|^{2}+\left\|A^{*}-B^{*}\right\|^{2}}{2}+\frac{\left|\left\|A^{*}+B^{*}\right\|^{2}-\left\|A^{*}-B^{*}\right\|^{2}\right|}{2} \\
& =\frac{\left\|\left|A^{*}+B^{*}\right|^{2}\right\|+\left\|\left|A^{*}-B^{*}\right|^{2}\right\|}{2}+\frac{\left|\|A+B\|^{2}-\|A-B\|^{2}\right|}{2} \\
& \geq \frac{\left\|\left|A^{*}+B^{*}\right|^{2}+\left|A^{*}-B^{*}\right|^{2}\right\|}{2}+\frac{\left|\|A+B\|^{2}-\|A-B\|^{2}\right|}{2} \\
& =\left\|A A^{*}+B B^{*}\right\|+\frac{\left|\|A+B\|^{2}-\|A-B\|^{2}\right|}{2}
\end{aligned}
$$

Our refinement of the inequality (3.1) can be stated as follows.
Lemma 3.2. Let $A \in \mathfrak{B}(\mathscr{H})$ such that $w(A) \leq 1$, and let $x$ be a unit vector in $\mathscr{H}$. Then

$$
\begin{equation*}
\|A x\|^{2}+\left\|A^{*} x\right\|^{2} \leq 4\left(1-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}\right) \tag{3.4}
\end{equation*}
$$

Proof. It follows from the inequality (3.3) that

$$
\begin{aligned}
& \|A x\|^{2}+\left\|A^{*} x\right\|^{2} \\
& \quad=\left|\left\langle\left(A A^{*}+A^{*} A\right) x, x\right\rangle\right| \\
& \quad \leq\left\|A A^{*}+A^{*} A\right\| \\
& \quad \leq 4 \max \left(\|\operatorname{Re} A\|^{2},\|\operatorname{Im} A\|^{2}\right)-2\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right| \quad(\text { by Lemma 3.1) } \\
& \quad=4 \max \left(w^{2}(\operatorname{Re} A), w^{2}(\operatorname{Im} A)\right)-2\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right| \\
& \quad \leq 4 w^{2}(A)-2\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right| \\
& \quad \leq 4\left(1-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}\right)
\end{aligned}
$$

Based on Lemma 3.2, we have the following general numerical radius inequality.

Theorem 3.3. Let $A, B, X, Y \in \mathfrak{B}(\mathscr{H})$. Then
(3.5) $w(A X B \pm B Y A)$

$$
\leq 2 \sqrt{2}\|B\| \max (\|X\|,\|Y\|) \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} .
$$

Proof. First, suppose that $w(A) \leq 1,\|X\| \leq 1,\|Y\| \leq 1$, and let $x$ be a unit vector in $\mathscr{H}$. Then

$$
\begin{aligned}
|\langle(A X \pm Y A) x, x\rangle| & =\left|\left\langle X x, A^{*} x\right\rangle \pm\left\langle A x, Y^{*} x\right\rangle\right| \\
& \leq\|X x\|\left\|A^{*} x\right\|+\|A x\|\left\|Y^{*} x\right\| \\
& \leq\left\|X^{*}\right\|\left\|A^{*} x\right\|+\|A x\|\left\|Y^{*}\right\| \\
& \leq\left\|A^{*} x\right\|+\|A x\| \\
& \leq \sqrt{2}\left(\left\|A^{*} x\right\|^{2}+\|A x\|^{2}\right)^{1 / 2} \\
& \leq 2 \sqrt{2} \sqrt{1-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \quad \text { (by Lemma 3.2), }
\end{aligned}
$$

and so

$$
\begin{align*}
w((A X \pm Y A)) & =\sup _{\|x\|=1}|\langle(A B \pm B A) x, x\rangle| \\
& \leq 2 \sqrt{2} \sqrt{1-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \tag{3.6}
\end{align*}
$$

For the general case, let $A, X$, and $Y$ be any operators in $\mathfrak{B}(\mathscr{H})$. It is clear that the result is trivial if $w(A)=0$ or $\max (\|X\|,\|Y\|)=0$, so suppose that $w(A) \neq 0$ and $\max (\|X\|,\|Y\|) \neq 0$. In the inequality (3.6), replacing the operators $A, X$, and $Y$ by the operators $\frac{A}{w(A)}, \frac{X}{\max (\|X\|,\|Y\|)}$, and $\frac{Y}{\max (\|X\|,\|Y\|)}$, respectively, we have

$$
\begin{aligned}
& \begin{aligned}
w(A X & \pm Y A) \\
& \leq 2 \sqrt{2} \max (\|X\|,\|Y\|) w(A) \sqrt{1-\frac{\left|\left\|\operatorname{Re}\left(\frac{A}{w(A)}\right)\right\|^{2}-\left\|\operatorname{Im}\left(\frac{A}{w(A)}\right)\right\|^{2}\right|}{2}} \\
\text { (3.7) } & =2 \sqrt{2} \max (\|X\|,\|Y\|) \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}}
\end{aligned} .
\end{aligned}
$$

Now, in the inequality (3.7), replacing the operators $X$ and $Y$ by $X B$ and $B Y$, respectively, we have

$$
\begin{aligned}
& w(A X B \pm B Y A) \\
& \quad \leq 2 \sqrt{2} \max (\|X B\|,\|B Y\|) \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \\
& \quad \leq 2 \sqrt{2}\|B\| \max (\|X\|,\|Y\|) \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}}
\end{aligned}
$$

as required.
An application of Theorem 3.3 can be seen as follows. This result contains our promised refinement of the inequality (1.2).

Corollary 3.4. Let $A, B \in \mathfrak{B}(\mathscr{H})$. Then

$$
\begin{equation*}
w(A B \pm B A) \leq 2 \sqrt{2}\|B\| \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \tag{3.8}
\end{equation*}
$$

and

$$
\begin{equation*}
w\left(A^{2}\right) \leq \sqrt{2}\|A\| \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \tag{3.9}
\end{equation*}
$$

Proof. The inequality (3.8) follows from Theorem 3.3 by letting $X=Y=$ $I$, while the inequality (3.9) follows from the inequality (3.8) by letting $B=A$.

An application of Corollary 3.4 can be stated as follows.
Corollary 3.5. Let $A, B \in \mathfrak{B}(\mathscr{H})$ such that $w(A B+B A)=2 \sqrt{2}\|B\|$. $w(A)$ or $w(A B-B A)=2 \sqrt{2}\|B\| w(A)$. Then $\|\operatorname{Re} A\|=\|\operatorname{Im} A\|$.

Proof. Suppose that $w(A B+B A)=2 \sqrt{2}\|B\| w(A)$ or $w(A B-B A)=$ $2 \sqrt{2}\|B\| w(A)$. Since

$$
\begin{aligned}
w(A B \pm B A) & \leq 2 \sqrt{2}\|B\| \sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}} \\
& \leq 2 \sqrt{2}\|B\| w(A)
\end{aligned}
$$

it follows that

$$
\sqrt{w^{2}(A)-\frac{\left|\|\operatorname{Re} A\|^{2}-\|\operatorname{Im} A\|^{2}\right|}{2}}=w(A)
$$

and so $\|\operatorname{Re} A\|=\|\operatorname{Im} A\|$.

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